

SLP BASEBALL TEAM RULES OVERVIEW - 2009

PHILOSOPHY: Our philosophy is simple. "The Team Comes First". Everything we do will revolve around the idea of Sacrifice and the following concepts:

- 1) **RESPECT THE GAME and all that it involves**
- 2) **Don't be "That Guy."**

TEAM MEMBERSHIP: To be successful in baseball we need all the players we can obtain. However, players not conforming to the team's rules and philosophy are subject to being removed from the team. **Don't be "that guy."**

DRESS CODE: Our team will always dress alike for games and practice. We expect our players to dress in a way that aligns with our philosophy – the team. Jewelry is not allowed by State High School League Rules. Practice dress codes will be enforced.

CONDUCT: Good sportsmanship is the rule for all coaches and players in all situations. Conduct causing embarrassment to our team or school will not be tolerated and may result in suspension from the team. We expect our athletes to play with class and treat themselves and others with respect. We have a philosophy: **RESPECT THE GAME.**

LANGUAGE: Improper language is not tolerated – Don't be **"That guy."**

ATTENDANCE: Our policy is every practice, every day, all season long. Habitual absenteeism will cause reduced playing time and lead to disqualification of team membership. Lack of presence shows lack of commitment. Players must notify their coach in person if they are going to be absent, especially if you know in advance.

TARDINESS: Players are expected to be on time for all practices, team meetings and games. If you are there when practice is schedule to start, you are late. Be early.

ACADEMICS: Academic performance is extremely important. We take the "student" part of being a student athlete very seriously. We expect our athletes to be responsible about their schoolwork, to do their best and to ask for help. Don't let your struggles go unchallenged. : Don't be **"That Guy."**

DETENTION: Detention will be viewed as an absence and will carry additional penalties. We act with class on the field – and OFF THE FIELD. Baseball is a good reflection of life. Carry your discipline off the field with you.

RESPECT: Players and coaches are expected to respect one another, their school, and officials, their opponents, and the community they represent. **RESPECT THE GAME**

CURFEW: On occasion, curfew guidelines will be enforced. We ask that both players and parents do their best to see that our players get proper rest. Curfew violations will result in suspended playing time. This is vital to helping the team achieve its goals.

RAPPORT: We ask that every player be coachable - do what is asked of you. **RESPECT THE GAME.** Remember, "The Team Comes First". Selfishness is not a quality character trait and is a perfect example of being **"That Guy."**

COACHES AVAILABILITY AND PROBLEM SOLVING: Coaches are not available to speak with during, or after games (game days). It is suggested that if parents have an issue, that they speak with their son first and have their son talk with his coach the next day. After this, parents may contact the coach and if needed, the head coach and AD will get involved in successive order if the problem is still not resolved. This process will not be put in place if the athlete has not taken the initiative to speak to their coach first. Any contacts with the baseball staff should be made through the athletic office during school hours and be made at least 24 hours after a game.

PROBLEMS: Before players grumble or complain please ask yourself these questions; Have I done everything I can to make myself the best baseball player I can be? (Worked on skill development, conditioning, and strength). Am I looking at this situation honestly and with the team in mind or selfishly with me in mind. If you can answer both of these questions in a positive way then please use the following procedure so we can resolve the problem.

The following procedure will be followed at all levels 9-12. If a player has a problem, disagreement or complaint they must follow these steps:

- Step 1: Write out the problem. (Please be specific)
 - a) What possible solutions exist?
 - b) What are your recommendations to solve the problem?
 - c) Bring it to your coach.

If you are not satisfied with this meeting, take the next step in this order:

- Step 2: Repeat a-c above and bring it to the head coach
- Step 3: Repeat a-c above and bring to the athletic director
- Step 4: Repeat a-c above and bring to the principal
- Step 5: Repeat a-c above and bring to superintendent
- Step 6: Repeat a-c above and bring to the school board

If a parent has a problem, disagreement or complaint, they must follow the same procedure is Steps 1-6.

JUNIOR VARSITY: It is expected that all players adhere to the above stated policies.

Student - **Print**

Student - **Sign**

Parent/Guardian