

Panther Volleyball Rules and Regulations

Philosophy:

It is the philosophy of this coaching staff that all players receive the best possible coaching available. It is our philosophy that volleyball is a sport, as well as a game. We will strive for excellence on the court, and realize that players are learning more than just volleyball. We will design a concept of team, and through this players will be proud to be a part of our school and community. We will also strive to make our players stronger athletes and competitors, so they may succeed in a variety of sports and activities.

Team Membership: Cuts will be made only if numbers exceed that which will allow us to keep a successful program.

Varsity/JV/B-squad: Although there is room for 15 players on a team, it is realistic that only 8-10 will see a lot of playing time. Any player that may not get equal playing time, will be informed ahead of time, so they get the option of trying something else. We want as many people involved with the team as possible. It will be the responsibility of the player to inform their parent/guardian of their role on the team.

Freshman: No cuts will be made at the freshman level. If there are too many numbers for two teams (24), an effort will be made to move players up to the B-squad level.

The try-out procedure will last three days. After that time, the B-squad team will be chosen, and any gifted freshman may be informed of an upward move. The JV and Varsity will often practice together. A “starting position” is always subject to change, and it is important to have competition in practice to force the players to work hard and become stronger on the court.

Code of Conduct:

All MSHSL rules apply. Any abusive language, or other forms of misconduct, may result in suspension of an event. Coaches will be left the final decision. If problems persist, the player may be asked to leave the team.

Traveling:

If there is a bus for an event, **all players will ride to and return from the event with the bus.** Failure to do so will result in a game suspension. There will be no exceptions made by the coaches. If this is a problem at any time, you will have to get it cleared through the athletics’ department.

Players are representatives of the school, and should dress accordingly. Nice clothes are a requirement, unless the entire team is “uniformed”, meaning each player is dressed the same. This will be decided by the Varsity Captains for the entire program.

Attendance:

Players are expected to be at all practices and events. Coaches should know ahead of time if this will not happen. A missed practice (even if excused) will result in a missed game, and a skipped practice will result in a match suspension. This is designed to be a reward for the people working hard at practice, not necessarily a punishment for missing practice. The team will decide on the tardy policy.

Coaches Availability:

Any coach can be contacted through the activity’s department office. If an appointment needs to be set up, please do so. The coaching staff is not available to meet before or after an event.

We have read the above, and fully understand its contents. We agree, as members of Spring Lake Park Volleyball, to comply with the above set standards.

Athlete signature: _____ Date: _____

Guardian signature: _____ Date: _____