

First Responder Skill Sheet
Immobilization skills – Joint and long bone

Candidate Name: _____

Examiner: _____

Scenario: _____ Location: _____ Date: _____

Joint

Skill Performed	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	2	
Directs application of manual stabilization of the injury	2	
Assesses distal circulation, motor, and sensation	2	
Note: Station examiner acknowledges present and normal	-----	-----
Selects proper splinting material	2	
Immobilizes the site of the injury	2	
Immobilizes the bone above the injury site	2	
Immobilizes the bone below the injury site	2	
Reassesses distal circulation, motor, and sensation	2	
Note: Station examiner acknowledges present and normal	-----	-----
Report given to ambulance personnel relating patient care interventions	2	
TOTAL	18	

Long Bone

Skill Performed	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	2	
Directs application of manual stabilization	2	
Assesses distal circulation, motor, and sensation	2	
Note: Station examiner acknowledges present and normal	-----	-----
Measures splint	2	
Applies splint	2	
Immobilizes the joint above the injury site	2	
Immobilizes the joint below the injury site	2	
Secures the entire injured extremity	2	
Immobilizes hand/foot in the position of function	2	
Reassesses distal circulation, motor, and sensation	2	
Note: Station examiner acknowledges present and normal	-----	-----
Report given to ambulance personnel relating patient care interventions	2	
TOTAL	22	

CRITICAL CRITERIA:

- ___ Did not take or verbalize body substance isolation precautions prior to interaction with the patient.
- ___ Did not properly immobilize the extremity (joint or bone) above and below the site of injury.
- ___ Did not assess/reassess distal circulation, motor, and sensation before and after splinting

Document any failure of critical criteria with a specific written description