

# January 2010-EMT-1

| Sun  | Mon   | Tue  | Wed   | Thu  | Fri  | Sat   |
|--|---|--|---|--|--|---|
|  |   |  |   |  | 1  | 2   |
| 3  | 4 Heartsaver 1st Aid.<br>Take notes as if U R going to teach this...<br><br><b>Assign: Type up outline/notes</b><br><br>17:30: EMT-R, OSH | 5 HS F.A: Day 2<br>Take notes, strategize for your presentation.   | 6 Lab day: prepare for 1st Aid presentations.<br><br><b>Due: HS F.A. outline &amp; notes</b><br><br>17:30: EMT-R, OSH | 7 Manikin meltdown.<br>Cleaning, lung replacement. Wear grubby clothes, working w/ bleach.<br>HOSA MidWinter<br><b>Lab: Prep for 1st aid presentations, perfect tape</b>         | 8 First Aid team presentations.<br><b>Due: F.A. topic presentation outline</b><br><b>CPR-I paperwork</b><br><b>Due: \$25 to MRTC</b><br><b>\$5 to OEC</b><br><b>Due: Perfect tape</b><br><b>1700: Fogerty hockey</b> | 9<br><b>0845-1700: Fogerty Hockey Tourney</b> |
| 10<br><b>1015-1630: Fogerty Hockey Tourney</b> | 11 Relationship Violence, ppt.<br>Video: Violence Against Women<br>15 signs of Potential BATTERERS<br><br>1730: EMT-R, OSH                | 12 Intro to Self Defense, ppt.<br>Definition, gen principles of avoidance<br><br>Video: Rape: An Act of Hate   | 13 Prevention:<br>Video: Rape Under the Influence: Sexual Assault on Campus.<br><br>Video: Personal Protection.       | 14 Skills Day:<br>Power Stance, evasive sidesteps. Seated, body targets, kiyah, punches, kicks, elbows, knees.<br>Wrist releases<br><b>DD-Wrestling rm</b>                       | 15 Skills Day:<br>Hair pulls, choke holds, headlocks, mugger's attack, pinned to floor, weapons, multiple attackers<br><br><b>DD-Wrestling rm</b>  | 16  |
| 17   | 18 <b>No School</b>   | 19 Career Day 1<br>Law enforcement, fire fighting, EMS...<br><b>Panel</b><br><b>H.O. EMT texts/wkbk</b><br><b>Do: Ch 4/career paper</b><br><b>Dress/partic points!</b> | 20 Career Day 2<br>PT/OT, lab, x-ray, admin, hygienist...<br><br><b>Dress/partic points!</b><br><br><b>Panel</b>      | 21 Career Day 3<br>Nursing: ED, flight, clinic, long-term care, pediatrics, psych...<br><br><b>Dress/partic points!</b><br><br><b>Panel</b>                                      | 22 Career Day 4<br>MD's, chiropractor, PA, dentist...<br><b>Dress/partic points!</b><br><br><b>Panel</b>   | 23  |
| 24   | 25 Career lab: career search w/MCIS in computer lab.<br><br><b>H.O. A&amp;P book</b><br><br>1730: EMT-R, OSH-need victims!                | 26 Q4-no HW if you get 80%<br>A&P intro: lymph, digestive systems.<br><br><b>Due: Ch 4 Q4</b><br><b>Study: Endocrine, urinary, repro</b>                               | 27 Endocrine, urinary, reprod<br><br><b>Study: resp/cardiac</b><br><b>Q: Intro, lymph, digestive</b>                  | 28 Respiratory, cardiac<br>KBA<br><b>Study: nervous, skeletal, musc, integ systems</b><br><b>Q: Endo, uri, repro</b><br><b>Lab: A&amp;P review</b><br><b>4:30-7: Conferences</b> | 29 <b>No School</b>  | 30  |
| 31   | 1 Nervous, skeletal, muscular, integ sys.<br><br><b>Q: Resp/cardiac</b>   | 2 A&P wrap-up & review.<br><br><b>Q: Nerv, skeletal, musc, integ</b>   | 3 Death Scene Response autopsy video.<br>Graphic, be sure to eat your breakfast-seriously!<br><br>A&P review!         | 4 Heart-lung dissection.<br><br>KBA/Bill<br><br><b>Lab: A&amp;P study session</b>  | 5 Do we need to say it? HUGE A&P TEST!<br><br><b>Steak dinner to top 2 scores</b>  | 6   |