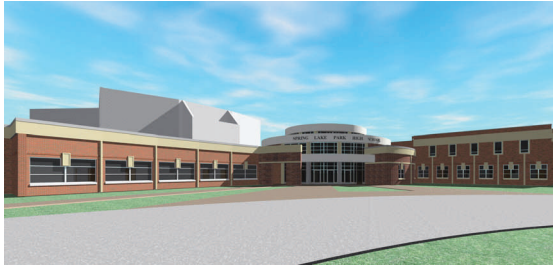




Spring Lake Park High School September 28, 2009

# Panther Pulse



## A note from the Principal

We are nearing the completion of our first month of school. What a great start to the year it has been. Homecoming is over and the students and staff are settling into the new building as we continue to work out the "last" bit of construction details.

It is our sincere hope to make your child's high school experience a positive one. If you should have questions or concerns about your child's classes please email or call the teacher first. If you feel you want to discuss the situation further feel free to contact the school counselor, Dean of Students or one of our Associate Principals. Of course you can also contact me in regards to any questions or comments you may have.

In October please be aware of the following dates and events:

\*\* Early Release on October 8th. Students will be dismissed at 12:30pm

\*\* No school for students on October 9th.

\*\* Conferences which are on October 12th and 13th from 4:30pm to 7:00pm

And October 14th from 7:30am to 3:00pm

\*\* Our first PAC (Parent Advisory Council) will be on October 19. All are welcome so please join us.

As I stated earlier it has been a great start. We've been busy with our new advisory program, new lunch schedule, late start times and a continued focus on what it means to be a "Student Centered Community."

Lastly, I want to express my thanks to all of our parents and community members for their continued support.

Frank Herman,

Principal

**The Spring Lake Park HS Activities Office would like to thank all the senior citizens in our community who help support us and our programs year after year. From this point on we are offering FREE ADMISSION to all our home regular season sporting events for all seniors 65 and over. You can find our home event schedule on the athletic page of our SLP website: [www.springlakeparkschools.org](http://www.springlakeparkschools.org)**

We appreciate your support for our school and our teams! Go Panthers!

## Important Phone Numbers

Main Office 763-786-5571

Student Support Services 763-785-5547

Heath Care Office 763-785-5557

## Our new Address:

1100 81st Ave. NE,

Spring Lake Park, MN 55432

## Athletics and Activities

<http://www.springlakeparkschools.org/news.asp?docID=9942>



## Student Support Services Office Update

### News from the Student Services Office:

Spring Lake Park District's vision is for all students to leave Spring Lake Park High School ready for further post-secondary education. Coinciding with this, on **Tuesday October 6<sup>th</sup>**, Spring Lake Park 11<sup>th</sup> grade students will have the opportunity to visit two college campuses. Student's options include a four-year, two-year, technical, public, and/or private school. The main goal for students during this trip will be to gain some experience on what it is like to be on a college campus. In addition, they will learn about college admission requirements, financial aid, campus life, housing, and general tips on succeeding in college.

You should have received a letter in the mail informing you about this opportunity for your student. As a reminder, all 11<sup>th</sup> grade students will be required to attend, unless we have received the attached slip from the letter stating you do not wish for your student to participate. If you have any questions or concerns, please feel free to contact the counseling office at 763-785-5547.

For more information:

[http://www.springlakeparkschools.org/schools/hs/hs\\_counseling.asp](http://www.springlakeparkschools.org/schools/hs/hs_counseling.asp)

## October Testing Dates

October 7th - Reading Re-test GRAD

October 12th - Math Re-test GRAD

## [www.springlakeparkschools.org](http://www.springlakeparkschools.org)

Check out the high school section of the website for:

- Announcements
- Activities and Athletics
- Counseling Department
- Library Media Center
- Senior All Night Party Information
- And so much more.....



## Senior News and Updates

SENIORS: Class of 2010

### Senior All Night Party

For Senior All Night Party information visit their website:

[http://www.springlakeparkschools.org/schools/hs/hs\\_allnightparty.asp](http://www.springlakeparkschools.org/schools/hs/hs_allnightparty.asp)

### Yearbook

2009 YEARBOOK: There are books still available. If you would still like a copy, please contact Maria Ahrndt, or email [mahrnd@district16.org](mailto:mahrnd@district16.org).

2010 YEARBOOK: Information will be available ASAP. Please see contact Maria Ahrndt for more information. The cost for the 2010 year book will be \$65.00.

## Dates to Remember

### October

5th - Band Showcase Concert 7:30pm - FAC

8th - Early Release Day - let out 2 hours early

9th - No School - Workshop Day

12th - Evening Conferences

13th - Evening Conferences

13th - Picture Retake Day

14th - Day Conferences

15th - No School

16th - No School

19th - PAC Meeting - 7:00 Media Center

**“The Value of a College Education,  
and the Reality of Paying for it”**

Spring Lake Park High School is hosting a free college planning/financial aid workshop on **Thursday, November 19th from 6:30 to 8:00 p.m. in the Multipurpose Room**, 2nd Floor.

“The Value of a College Education...” workshop is designed to help parents of college-bound students find ways to increase their eligibility to receive financial aid, reduce taxes, and pay less for their children's college or vocational education. **This workshop is for parents of children of ALL AGES, not only seniors.** In fact, the more time you spend planning, the more prepared financially you will be when it comes time for your child to go to college.

Items covered in the workshop include:

- Two Types of Aid: Need Based and Merit Based
- Three Critical Issues in College Planning: Taxes, Control and Financial Aid
- Scholarships, Loans and Grants
- Tax credits, tax-free savings accounts and other incentives
- How to structure assets and income to maximize eligibility for financial aid
- The Four Partners in Planning: Parent, Student, School, Government

Leveraging Your Recipe: GPA, Class Rank, ACT Score, EFC, Unique Abilities.

For more information, please call Brooke Magid Hart or Cary Elhardt at 763-785-5547.

Please fill out the form below and have your student return ASAP. Starting in September 2009 if you haven't requested a paper copy of the newsletter, you will not receive one by mail.

So please fill out the form below.

**Cutting down on paper waste at Spring Lake Park High School**

In order to cut down paper waste at Spring Lake Park High School, we are asking parents to fill out the questionnaire below and have your student return it to SLPHS Main office or during student's Advisory.

I do not wish to receive a paper copy of the Panther Pulse school newsletter, I will instead view the newsletter online at [www.springlakeparkschools.org](http://www.springlakeparkschools.org). By not returning this form means I do not wish to receive a mailed copy of the newsletter.

I would like to receive the school newsletter via email. Please sign me up for the high school's e-news updates by entering your e-mail address below.

\_\_\_\_\_ (Please Print)

(e-mail address)

I would like to receive a copy of the newsletter in the mail. Please print your name and address below:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Spring Lake Park High School

1100 81st. Ave. NE

Spring Lake Park, MN 55432

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