



PANTHER PULSE

**SPRING LAKE PARK HIGH SCHOOL
PARENT AND COMMUNITY
February 29, 2008 NEWSLETTER**

FACILITIES UPDATE

At Spring Lake Park High School, what had been known as the Blue Gym has now become the new game gym or performance gym with a 50 percent increase in seating capacity. That portion of Phase I has now been completed, and the gym is already being used as a multiple teaching station throughout the school day. Phase I of the high school project also consisted of a new band room, choir room, and multi purpose jazz band room to support spaces for music. When completed, students will enjoy a new multi purpose wrestling room and a new multi teaching auxiliary gym, as well as a weight room and a fitness room, and men's and women's athletic and physical education lockers. The additional gym space is essential for physical education programs during the day, as well as the expanded extracurricular activities programs after school. An additional advantage is that the district now has the ability to annually hold the commencement ceremony on campus, regardless of the weather, because the gymnasiums will have enough added capacity, and they will also be equipped with appropriate audiovisual capabilities.

IMPORTANT INFORMATION ON UPCOMING STATE TESTING DATES

April 8 – BST Retest Written Comp Gr. 12

April 9 – BST Retest Math 11 & 12th Grade

April 10 – BST Retest Reading 11 & 12th Grade

April 14-May 2 – Testing Window for MCA 11 and MTELL

April 15 – GRAD Test of Written Comp Gr. 9, Reading Gr. 10 parts 1&2, Mathematics Gr. 11 parts 1&2, Written Comp Gr. 12, MTELL Grade 11 parts 1&2

April 16 -Make-up BST Math Re-test 11 & 12, Reading Grade 10 parts 3&4 & Mathematics Grade 11 parts 3&4

April 17 – Make Up BST Retest Reading Gr. 11 & 12

April 23 – Spanish MLPA 4/23-24 and 4/28-29 & 5/1 Make-up

April 24 – 25 – MCA Make-up Test Reading Gr. 10 & Math Gr. 11m MTELL Make-up Grade 11

May 19-20 and May 22-23 – Testing Window for Science

UPCOMING EVENTS

March 3

Local Scholarships Available
Band Concert 8:00 pm in FAC

March 6

End of Trimester 2

March 7

No School/Staff Workshop

March 10 – 14

Spring Break

March 17

Beginning of Trimester 3
PAC Meeting 7:00 p.m.

March 21

No School

March 26

Band Concert 7:30 pm in FAC

March 27

Early Release

March 31

Local Scholarship Applications Due

April 8

BST Retest Written Comp Gr. 12

April 9

BST Retest Math 11 & 12th Grade

April 10

BST Retest Reading 11 & 12th Grade

April 14-May 2

Testing Window for MCA 11 and MTELL

April 14

PAC 7:00 p.m. Media Center

April 15

GRAD Test of Written Comp Gr. 9

Reading Gr. 10 Parts 1&2

Mathematics Gr. 11 Parts 1&2

MTELL Grade 11 Parts 1&2

April 16

Make-up BST Math Re-test 11 & 12

Reading Grade 10 Parts 3&4

Mathematics Grade 11 Parts 3&4

April 17

Make Up BST Retest Reading Gr. 11 &12

April 18 – 19

High School Musical

April 23

Spring Fling for Senior Citizens
Spanish MLPA

Make-up 4/23-24 and 4/28-5/1

April 24

HS Musical Senior Citizens 7:00 pm
MCA Make-up Test Reading Gr. 10,
Math Gr. 11 & MTELL Make-up Gr. 11

April 25 & 26

Spring Musical 7:30 FAC

April 29

BST Make-up
Written Comp., Math and Reading

May 2

International Day

May 3 – 4

International Weekend

May 3

SAT Test

May 5-16

AP Testing

May 7

Fine Arts Tea 7:00 p.m. FAC

May 14

National Honor Society Induction
7:00pm FAC

May 17

Prom

May 19

PAC 7:00 Media Center

May 19-23

Testing Window for Science

UPCOMING EVENTS

(Continued)

May 21

Scholarship/Academic Awards

7:00 FAC

May 26

No School

May 29

Senior Field Trip

May 31

Commencement 7:15

Spring Lake Park

June 5

Last Day of School

Adult Tour of Eastern Europe!

English teacher Kevin Reif has been bringing students to Europe, Australia and Asia for 16 years. In August 2008, he will also lead a contingent of adults on a 15-day tour of Budapest, Vienna, Prague, Warsaw and Krakow. Interested? Email Mr. Reif at rreif@district16.org

The SLPHS Athletic Registration & Orientation Parent/Athlete meeting will be held on Monday, March 3rd at 6:30 pm in the FAC. Registration forms for the spring sport season will be available in the Activities/Athletic Office on Monday, Feb. 25th.

Check now to see if your sports physical is still current before registration begins ~ you cannot participate without it! (Sports physicals are good for 3 years)

More information is located at www.district16.org under Athletic Dept. Our website is under construction but you can get sport schedules and fee information if you click on the list to the left of the screen.



PARENTS OF SENIORS

Your senior should have received an order form for his/her graduation cap and gown from Herff-Jones. The payment covers the cap and tassel that come with their order which your student can keep. The school pays for the rental of the gown.

Also, a reminder that **diplomas cannot be given to students with outstanding fees.** If you have any questions or need clarification, please have your student stop in the main office or you may call Main Office at 785-5542.

OASIS (YEARBOOK)

The period for ordering a **2007-2008** Oasis Yearbook from Smartpay.com has ended. The ordering period began in September and lasted over 5 months. Several mailings should have reached your home and numerous announcements were made at school for students to pick up order forms. If you have missed the opportunity to order your Oasis yearbook there is one last chance: an extra 100 yearbooks has been ordered for sale at yearbook distribution time. Please see Mrs. Ahrndt and have your name placed on a waiting list. First come, first serve, but Seniors will have first priority. When the books come in the middle of May, those on the waiting list will be called down and payment will need to be provided to have a book. There is a late fee, so it is now \$65 for their yearbook. Another announcement will be made as this time approaches. Call Mrs. Ahrndt at 763-795-6695 if you have more questions.

CONGRATULATIONS — DANCE TEAM

We are very proud to announce that our Dance Team has appeared in their Fourth Consecutive Class 2A State Championship. They took 3rd place in the Jazz/Funk Category. Competition took place on February 16 at the Excel Energy Center. Congratulations!

CONGRATULATIONS TO OUR SWIM TEAM

The swim team won the North Suburban Conference Swim Championship for their 2nd consecutive year. The boys swim team won their 1st ever True Team Championship on January 19, 2008. Congratulations to all the swimmers and coaches.

Congratulations Nordic Ski Team

Nordic skier Rebekah LaBerge grade 12 placed 4th in Section 5 Championships and made it to State. At State on February 15th Rebekah LaBerge placed 38th out of 116 finishers in 3 below temperatures. Congratulations!

PLEASE HELP OUR STUDENTS ATTEND THE PROM

Starting Tuesday, February 19th until April 11, bring your new or slightly used prom dresses, shoes, jewelry and handbags to the athletic office or community services office. These will be distributed to deserving young ladies in our area who would not otherwise be able to go to prom because of the cost. We realize not everyone will have a prom dress (or bridesmaid dress) but more may have accessories such as shoes, purses and jewelry (new or used) that can be donated.

If you have any questions or would like some more information please contact Noreen in the Athletic Office at 763-785-5549 or Pete Yelle or Sarah Herlofsky in the Community Services office at 763-786-1338. Thank you!

Spring Lake Park High
School Counseling Office

763-785-5547

Trimester 2
2007-08

The Communicator

Newsletter



Counseling
Center

Grade 10
Brooke Magid Hart, Counselor

By the time you read this newsletter, your 10th grade student will have probably registered for classes for 11th grade. We expect that a master schedule will be built later this spring, and that in early summer, your student will receive a draft copy of their schedule for 2008-09. We say "draft" because hours and teachers may possibly change between the time that the student receives this copy of their schedule, and the time they receive their final schedule right before school starts in the fall.



There will be many changes in our building next year, some of them academic, some of them physical. They will all create challenges and opportunities. I am doing my best to meet with every student in the 10th grade, individually, to talk about how school is going for him or her, to discuss post-high school plans, and to start the transition from high school to the next opportunity. If at any point, you would like to meet with the counselor and your student to discuss what is best for your child, feel free to contact the counseling office to set up an appointment.



And, as you start to make summer plans, keep this in mind: Whether you are taking a road trip, or flying to another part of the country, or staying close to home, summer is a great time to take a day here and there to visit some college campuses. Your student will be expected to do a lot of that their junior year, as they begin to think seriously about where they will go next to enhance their knowledge and improve their skills. So, if you are heading north to the cabin or west to visit grandma or just have a day off together to go to Lake Calhoun, stop at a campus on the way, ask for a tour, talk to an admissions counselor and someone in the financial aid office. If you need help making appointments, call your student's counselor.

Sound like graduation and college are far off? THEY'RE NOT! You're half way there!

Grade 11
Cary Elhardt, Counselor

About 60 juniors and seniors were able to attend a College Panel the first week in January. The students heard from college freshmen who graduated from Spring Lake Park. They conveyed wonderful messages on what it takes to be prepared for college. Messages sent to the high school students from the college panel included:

- ◆ Take the most challenging classes you can while in high school.
- ◆ Practice time management and study skills now because you will need them in college.
- ◆ The college workload is incredibly different than high school . . . Be prepared!
- ◆ Grades in high school do matter.
- ◆ AP classes are the best classes to prepare for college courses.
- ◆ Be involved in extracurricular activities and take on leadership roles.
- ◆ College instills independence.
- ◆ Start taking responsibility for your actions and your education.
- ◆ SLP certainly prepared them for the rigors of college.

Junior Checklist

- Recognize that your junior year is an important year.
- Develop good study habits and organization skills to prepare you for post-secondary education.
- Make sure you are on track for your credits and graduation requirements.
- Seek out assistance from teachers, tutoring program, and your counselor if you are having difficulty with classes.
- Explore post-secondary options: 4-year college, 2-year community college, 2-year technical college, military, entering the work force.
- Narrow down possible career options and investigate which type of education is needed for that career (review MCIS and your PLAN results from last year to assist you).
- Register early to take the ACT or SAT tests in April or June. Find out if you need to take the ACT Writing test or SAT subject tests.
- Request materials from schools that interest you and visit their websites.
- Visit with college representatives in the Spring Lake Park Counseling Office throughout the school year.
- Arrange on-campus visit to schools that interest you. Meet with an admissions counselor, a financial aid representative, and faculty in a department you are interested in. Take a tour, visit with students, and attend a class or two. Find out if colleges are having Open Houses or special events. See your counselor to arrange college visits during school days.
- Participate in extra-curricular activities in school and in your community to develop teamwork, leadership, and other important skills.
- Volunteer your time in the community.
- Review your high school class plan. Take the most difficult classes you can handle. Stay focused on your schoolwork.
- Study for your ACT or SAT exam. Use www.act.org and www.collegeboard.com to help you prep for exams. SLP will also offer prep courses through community education in the winter.
- Begin researching college admissions requirements and application deadlines. Many colleges start accepting applications in August of your senior year!
- Start researching scholarship opportunities.
- Visit with your school counselor about your college and career plans along with any questions you may have.
- Enroll in a summer enrichment program.

SENIOR ALL NIGHT PARTY

****Important Information for Parents****

Only one trimester remains of your senior's high school career!! We have just a short time left to plan and put together the Senior All Night Party. We need your help!! Please read through this letter and find an area where you might be willing to participate. Together we can make the party a safe and fun way our children can celebrate their success! Check the school website for updates.

FUNDRAISING

Xcel: We still have events to work this spring. Please contact Jeanne Kalien if you are able to volunteer. We have not been able to work as many events this year as in past years due to the fact that the Xcel has hired more of their own workers and they have priority over the volunteer organizations.

Other Fundraising Opportunities: Please watch the school website for updates on the following fundraisers. If you know of any others that we may be able to do, please contact us.

****Garage Sale May 7,8,9 Plant/Flower Sale - April**

Pancake Breakfast at Applebees Possible Basketball Tournament

****Start setting aside items to donate for the garage sale now. We will accept the following items: clothing, household items, knickknacks, furniture, books, cd's, dvd's, computer games, Play Station and Xbox games, electronics and toys. We will not accept computers or major household appliances (stoves, refrigerators, etc.) Do not mark items ahead of time. Items can be dropped off at Norgaard's (308 Sanburnol Drive, Spring Lake Park (across from Best Buy Northtown) after 7:00 p.m. on May 4 or anytime May 5 & 6. Watch for further information.**

CAN RECYCLING

Don't forget to bring your aluminum cans to the collection bins behind the high school by the baseball fields. Money from this goes to the SANP.

MEMORY BOARDS

It's time to start thinking about your senior's memory board to be posted on the walls at the high school during the party. They will go home with the student following the party. They will be taped to the wall and should be no bigger than the size of a standard piece of tag board 22"x28". You can make them at home but we are also hosting a few workshop dates so adults can come work on the posters. You may choose to stop in, get ideas, choose a shape, work on it there or go home to work on it on your own. We will provide markers, glue, and assistance. You provide the pictures and any other items of interest you'd like on it. Finished posters can be dropped off at the workshop dates, our SANP meetings, or with Chuck at the Security Desk at the High School. All picture boards are due on or before May 14. Contact Terri Gormley at 763-780-4860(h) or TGormley@travelers.com if you have any questions.

Memory Board Workshop Dates: April 10 Cafeteria 6-8 p.m.; April 30 Cafeteria 6-8 p.m. and May 12 Teachers Lounge (off the cafeteria) 6:30-8:30 p.m.

PUBLICITY

Watch for registration information being sent out in April!

FINANCIAL DONATIONS

Along with sending letters to area businesses requesting donations, we would like to know if any parents of seniors work at companies or own companies that would donate prizes or money to purchase prizes. Fundraising is vital to our Senior All Night Party. About 40 parents have been working concessions at the Xcel and doing other volunteer efforts. If you cannot put in time volunteering, we would ask that you make a donation to the Senior All Night Party. Donations can be sent to:

Senior All Night Party c/o SLPHS
8001 Able Street N.E.
Spring Lake Park, MN 55432

Questions about donations and/or prizes can be directed to Darla Norgaard (763-785-1052 djnorg@comcast.net), Jodie Luedtke (763-785-6980 rjluedtke6@netzero.net or Deb Wentala (763-780-1403).

HELP WITH DECORATIONS

The Decoration Committee needs people to help with various aspects of decorations. People are needed at the school on Friday afternoon/night of May 30 (starting at 3 p.m.) and all day Saturday, May 31 to get the decorations ready for the party. Work sessions will also be held beforehand to assemble decorations. If you are interested in helping out on this committee, please contact: Vicki Schulte (763-785-8921).

Questions can be directed to Co-Chairpersons:

Darla Norgaard 763-785-1052 (h) djnorg@comcast.net
Jodie Luedtke 763-785-6980 (h) rjluedtke6@netzero.net

WE NEED YOUR HELP TO MAKE THIS A SUCCESS!!!

Clip this form and bring or mail to the High School Office: 8001 Able Street, SLP 55432

Name _____ Student's Name _____

Phone (home/cell) _____ Email _____

How Would You Like to Help: _____ Decorations(prior to party) _____ Food _____ Casino

_____ Prizes & Donations _____ Hair/Nail/Massage Area _____ Entertainment

Spring Lake Park High School
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Spring Lake Park, MN 55432

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